

MELISSA'S PLANT-BASED Burger Formula

Think **BEYOND** the classic burger patty for a whole ingredients, plant-based approach to cleaner living. With Melissa's fresh produce, nothing is **IMPOSSIBLE**.



Burger FORMULA

2 medium shallots, diced • 1–2 garlic cloves
½ teaspoon sea salt • oil for cooking

Eggplant • Brussels Sprouts • Dutch Yellow® Potatoes
White Asparagus • Baby Broccoli • Colorful Cauliflower
Beets • Tomatoes • Shishito Peppers
Jicama • Fioretto

Quinoa • Polenta

Edamame • Lentils • Chickpeas
Six Bean Medley • Red Kidney Beans

Tropical Avocado, smashed • Chia Seeds
CHOPPED:
Fresh Herbs • Hatch Pecans • Pine Nuts
Red Walnuts • Sundried Tomatoes

Ginger • Tamarindo • Turmeric • Citrus Zest
SPICE GRINDER OF YOUR CHOICE:
Garlic & Herbs • Italian Seasoning • Lemon Pepper
Rainbow Peppercorns • Safari Barbecue

Ground Oats • Bread Crumbs • Panko
Almond Meal

BASE INGREDIENTS

use all

2 CUPS VEGETABLES, FINELY DICED

pick 1-3

1 CUP COOKED GRAINS

pick 1

1 1/2 CUPS COOKED LEGUMES

pick 1-2

1/2 CUP FLAVOR/TEXTURE BUILDERS

pick 2

3 TEASPOONS SEASONING

pick 2-4

1/2 CUP DRY BASE

pick 1



Share your burger creation!
marketing@melissas.com or @melissasproduce!